

CCREA Meeting Minutes
February 21, 2024

Board Updates/Comments:

1. Mellow Mushroom pizza and salad for today's meeting was generously sponsored by Ty Mitchell. If you have a business contact that could sponsor meeting food or other items such as gift cards, we are always looking for more contributions. Please let a board member know.
2. Sam Heaton met recently with Dr. McMorris, and any medical stipend increase would have to be approved as part of the FY2025 budget effective October 1, 2024. Sam will meet with Dr. McMorris again in March to get the request moving forward.
3. Dan Streett graciously prepared our CCREA 2023 annual audit, as he has for the past several years. Thanks also to Mike Ball and Melvin Holton for keeping our accounting books so scrupulously.
4. We continue to appreciate Judy Sheppard and Denise Cook for providing sweet treats for our meetings.
5. Danny Kierath from Mission Square retirement will be speaking at our March 20 meeting, so please plan to attend with any questions you may have.
6. Sam was tasked with speaking today when the scheduled speaker had to cancel, and he left us with much food for thought as he shared Tips for Aging Adults. There was plenty of audience participation and many suggestions on staying healthy both mentally and physically. The related PowerPoint is found at: [Tips for Aging Adults 022124.pptx](#)
Thanks for stepping in, Sam!
7. Be mindful of how scams may be created through artificial intelligence programs such as ChatGPT. You can play with examples for yourself by visiting ChatGPT.com.
8. Today's raffle of a \$25 Cracker Barrel gift card was won by Mem Dooley.
9. A Military Gala and Ball in support of the Cobb Veteran's Memorial will be held April 20, 2024. More information can be found at <https://cobbveteransmemorial.com/>.

Minutes submitted by Julie Arnold, CCREA Secretary