

CCREA 3-19-25 Monthly Meeting Minutes

Welcome

Pledge of Allegiance led by Sam Heaton

Prayer given by Ty Mitchell

Upcoming Events:

April we will have pizza with a speaker, Cook-out in June, and BBQ in August

Virgil Moon invited all to the Cobb County Prayer Breakfast on May 1

Cobb Senior Expo at the Civic Center on April 23

Today's speaker: Sandee Paninchi – Deputy Director of Cobb Senior Services

Highlights

- Offerings of Cobb County Senior Service Centers and why we should utilize
- Senior Centers – Austell, West Cobb, Freeman Poole, Tim D. Lee, North Cobb, and Central and the Senior Wellness Center
- All offerings can be found on-line. Cobb County Government website – then Senior Services
- Services include: Meals on Wheels, buses for seniors to doctors' appointments and personal care. Speakers on various topics such as technology presentations, investing, cooking, music, tai chi, caring for elderly family members, trips to museums, trips to sporting events, etc.
- Initiatives on understanding mental health and learning to live as seniors.
- Focuses on intergenerational issues in the effort to breakdown the stigmas of aging.
- KSU and John C. Campbell Folk School also offer various educational training for Seniors.

Closing

Scams are still out there and getting trickier. Peach Pass and Zelle/PayPal are current. If asked to pay something via email or text then you should triple check authenticity.

Thank You to Judy Sheppard and Denise Cook for the wonderful sweet foods they provided.

51 retirees attended today – thank you for coming out! Suggestions for speaker next month- someone talking about addiction and care and tips for adopting pets (Sandee to provide a list of groups to assist).

Carla Jackson's son passed away. Keep her in your prayers.

A new Olive Garden will open on the East-West Connector.

Raffle was conducted. Carl DiMare won and selected Homedepot gift card.

New folks were introduced and welcomed.

Reminder of next meeting on April 16.